

Best Practices Sharing

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Class Used In Foods & Nutrition

Please take a few minutes to write about a "Best Practice" that you use in your classroom. This can be a mini-lesson used to do Team Building, an introduction to a unit that grabs their attention, an anecdote that clarifies a concept etc. No need to make photo-copies or to bring extra handouts—unless you really want to. Just write below.

When new teams are created in the Foods + Nutrition class, we use this "Team Building" Activity.

I use 7 teams - so I have 7 tables
New Groups are instructed to go to their tables
On the table I have a puzzle box - face down -
Students are told the "Rules" They can't look at
the puzzle until I say "Start".

② They cannot talk to each other during the assembly of the puzzle. They can only communicate with their eyes - hands etc. It's a Race to see who will finish first.

③ Students then assemble the puzzles.

- Teacher observes how students work together
- Have a prize for the winning team
- Debrief asking how they worked together w/o talking